

# Death Café



*Facilitated by Catherine Tremblay and Yulia Kochubievsky.*

## Lynn Valley Library

January 25 | 7:00pm—8:30pm

*Call 604-984-0286, ext. 8144 for information. No registration required.*

In our society death is a taboo. We don't talk about it unless forced to – by death itself...but death is a part of life. Everyone born will die. This is the one certainty in life.

**When we ignore the reality of death, we cannot fully be alive...**

A Death Café is a get together and a conversation about life and death. A Death Café isn't a lecture, nor is it a grief support group, though grief may be expressed and shared. It is a sharing and an open-hearted conversation about life and death.

Come join us to chat.

Questions? Email: [deathcafenorthvancouver@gmail.com](mailto:deathcafenorthvancouver@gmail.com).

**Lynn Valley Library**  
1277 Lynn Valley Rd.  
604-984-0286

**Capilano Library**  
3045 Highland Blvd.  
604-987-4471

**Parkgate Library**  
3675 Banff Crt.  
604-929-3727

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